

Baked Brussels sprouts

500 g Brussels sprouts
0.5 dl olive oil
1 tbsp liquid honey
1 clove of garlic, pressed
0.5 dl grated Parmesan or equivalent cheese
1 tsp herb salt
0.5 tsp black pepper

Preheat oven to 200 °C (392 °F)

Clean the Brussels sprouts. If using frozen cabbage, defrost first.

Mix all ingredients in a bowl except the cabbage. Stir the cabbage into the batter.

Place in a baking dish and bake in the middle of the oven for about 45 minutes.